

Foggy View

Sierra Club

Palos Verdes – South Bay Group / Angeles Chapter

Since 1976

Supplement to the July 2009 *Southern Sierran*

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Soon You Can Opt For Green Business

By Eva Cicoria

The City of Torrance is rolling out a Green Business Certification Program that provides a tool for consumers to identify, and choose to do business with, companies that attempt to make environmentally sound choices. Initially, the Torrance GBC is only available to offices and retail stores. It is based on the Bay Area Green Business Program, however, which serves a wide range of industries, including auto services, printing, hotels, restaurants, landscape design and maintenance, remodeling, garment cleaning, dentists, and wineries.

The objectives of the program are to ensure compliance with environmental regulations, promote environmental ethics in the city, help businesses incorporate environmentally sustainable business practices (that are also fiscally prudent) into their operations, and provide public recognition for such businesses. In order to obtain this voluntary certification, a business must implement certain mandatory measures in various categories, then implement additional measures selected from a list of options. Certification is for two years, after which the business will be expected to add to the optional measures implemented.

(Green, Page 2)

Newcomers Meeting

Are you new to the Sierra Club? Are you a long-time member who wants to know more? Do you know someone who is curious about the Sierra Club? Whether a current member or not, you are invited to the Newcomers Meeting on Wednesday, July 22nd. From 7 to 9 PM, we will have leaders and committee members from the Palos Verdes South Bay Group, as well as representatives from a variety of groups within the Sierra Club. Through table displays, exhibits, and demonstrations, learn about the great opportunities the Sierra Club offers to explore, enjoy and protect the planet.

We will meet at the Palos Verdes Peninsula Library Community Room, 701 Silver Spur Drive, Rolling Hills Estates. Refreshments will be served.



PV-SB Group, Sierra Club
PO Box 2464, PVP, CA 90274
<http://angeles.sierraclub.org/pvsb>

Message Phone
(310) 378-1477

A Toxic Link in the Food Chain

By Eva Cicoria

A recent open house sponsored by the Environmental Protection Agency and hosted at Cabrillo Marine Aquarium to educate the public regarding the status of DDT and PCB contamination off the Palos Verdes coast revealed what has changed, and what has not, since a settlement was reached with the polluters.

Waste dumped into the public sewer system ultimately flows through massive outfall pipes which pour into the waters off White Pt., in San Pedro. From the early 40's through the early 70's tons of highly toxic industrial waste flowed through these pipes. The now-banned pesticide DDT and PCBs manufactured by Montrose Chemical Company and other local chemical manufacturers contaminated the sediment on the ocean floor of the Palos Verdes Shelf. Wave action and ocean currents caused the migration of contaminants from White Pt. so that the area of contamination now extends from Pt. Fermin on the southeast end of the Palos Verdes Peninsula to beyond Pt. Vicente at the northern end of the Peninsula. (A map of the site is available at www.epa.gov/region09/superfund/pvshelf.)

The toxins are prevalent in the sediment 200 feet below the water's surface, with "hot spots" of particularly high density closest to the outflow pipes. Worms and microorganisms in the sediment consume the DDT and PCBs. An EPA representative indicated that this process appears to be breaking down the DDT very slowly over time, although studies indicate that the PCBs are not breaking down. Meanwhile, the toxins make their way up the food chain when ingested by bottom-feeding fish. Pinipeds (e.g. seals and sea lions) and humans eventually consume the fish, thereby ingesting the toxins. A study recently released by Cal State Long Beach found high levels of DDT and PCBs in tissue samples taken from pinipeds stranded on local beaches.

At the open house, EPA representatives explained that they continue to evaluate options for addressing contamination of the PV Shelf, which was assigned National Superfund priority status in 1989. Currently, the EPA is considering capping the contaminated site with a layer of fine sand. A pilot capping project initiated in 2000 proved the process to be technically feasible and preferable to removal, which tends to stir up the contaminants. Larger scale capping, however, probably would not be conducted over the most highly contaminated "hot spots" near the outflow pipes for fear of damaging the pipes.

A second prong of the EPA's solution is public outreach. Education efforts bring attention to the health risks of long-term consumption of fish found in areas of high contamination. Bottom-feeding fish, such as white croaker, continue to demonstrate high levels of DDT and PCBs, which can be carcinogenic and can affect the immune, reproductive, and nervous systems. Developing fetuses and breast-fed infants whose mothers consume even relatively modest amounts of the fish on a regular basis are at highest risk. The EPA's outreach program targets particular ethnic communities that fish in the area and consume or sell the fish they catch. Commercial fishing of white croaker has been banned in the area for some time.

(Green, from Page 1)

The program's areas of focus read like a checklist for the general public to make environmentally ethical choices as well. They include recycling, purchasing items made with post-consumer and recycled content, conserving water and energy (in lighting, heating and air conditioning), minimizing waste generation, properly disposing of that waste which is generated, carpooling, and utilizing alternative modes of transportation.

For the most part, each business has the flexibility to incorporate those measures that provide the best fit for its particular circumstances. For example, although there is a mandatory focus on preventing pollutants from entering the ocean, when it comes to the use of environmentally toxic products, each business has several options to choose from in order to obtain certification. Options include replacing cleaning supplies with environmentally friendly products, using low mercury fluorescent lamps, and replacing aerosols with non-aerosol alternatives.

For more information go to www.torrancegreenbusiness.org.

WEEKLY ACTIVITIES



Monday night - O: Conditioning Hike in Rancho Palos Verdes. Slow moderate 2 hour, 4-6 mile hike: some streets, trails overlooking the ocean, canyons and city lights; some steep trails. Only one group, not for beginners. Arrive early. Leave 6:30 PM every Mon at dead-end of Crenshaw Blvd at Del Cerro Park (#2 Park Place) in Rancho Palos Verdes. Wear lug sole boots, bring red lens flashlight. Rain cancels. Leaders: Bill Lavoie, Dave Hixson.



Tuesday Night – O: San Pedro/PV Conditioning Hike. Strenuous 2 hr, 5-8 mi conditioning hikes on flat/hilly streets/trails to explore fauna/terrain in San Pedro/PV. Not for beginners. Arrive early. Leaves 6:30 PM every Tue from 8th and Averill, San Pedro. Wear lug sole boots, bring red lens flashlight. Rain cancels. Leaders: Brooks Chadwick, Barry Bonnicksen, Tony Trull, Joyce White, Dorie Chadwick, Carol Anne Mills-Schmidt, Jacques Monier, Lise Allard.



Tuesday Night – O: Beginners Conditioning Hike. Moderate 1½ hr 4 mi hike on the greenbelt and hilly streets of Hermosa Beach and Manhattan Beach. Arrive early. Leave 7:00 PM every Tue from the far end of the parking lot of the Hermosa Valley School (1645 Valley Dr). Bring red lens flashlight. Rain cancels. Ldrs: Sharon Brossier, Alix Benson, Susan Johnson.



Wednesday Night – O: Slow Conditioning Beach Walk. A pleasant slow paced 5 mi, 2 hr walk along the beaches in Redondo Beach, Torrance, and PV Estates. Enjoy evenings, sunsets over the Pacific. This walk is intended only for those who prefer a slow pace, or who are trying to walk themselves into condition for faster pace hikes. All participants must stay behind the leader. Arrive early. Beginners welcome. Meet 7 PM every Wed by large fig tree beside former library in Veteran's Park at Catalina Ave and Torrance Blvd., Redondo Beach. Rain cancels. Ldrs: Sandy Graham, Dave Hixson, Jerry Trager, Lois Vile, Terry Bass. (This walk is **not held** during the months of Nov through Feb.)



Thursday Night – O: Conditioning Hike on Palos Verdes Peninsula. Strenuous 2 hr, 5-8 mi conditioning hike on flat/hilly streets/trails that emphasizes flora/terrain of PV. Normally up to 5 hikes: slow, slow moderate, moderate, fast moderate, fast. Not for beginners. Arrive early. Leave 6:30 PM every Thu from parking lot near Rite Aid Drugs at Hawthorne & Silver Spur. Wear lug sole boots, bring red lens flashlight. Rain cancels. Ldrs: Linda Werk, Michael Coble, Brooks Chadwick, Tony Trull, Joyce White, Dave Hixson, Jacques Monier, Bill Lavoie, Judy Shane, Dorie Chadwick, Jerry Trager, Lois Vile.

MONTHLY ACTIVITIES



Management Committee Meeting. First Wednesday of every month at 6:30 PM. Meeting open to all Sierra Club members. Call secretary for meeting location.



Moonlit Hike in Palos Verdes – O. Friday before or on full moon. Meets at 7:30 PM. Easy to moderate hike in Palos Verdes hills about 1.5 to 2 hrs. Go for pizza afterwards. Coordinator: Hugh Pendleton. See Activities Calendar for details.



Manhattan Beach Hike/Brunch - O. Easy 4-5 mi, 300' gain, 2 hr hike on streets, trails, ocean strand. Restrooms available. Optional brunch at local restaurant after hike. Meet 9:00 AM first Sun of month Live Oak Park by police memorial (1901 N Valley Dr, Manhattan Beach, under giant oak tree by tennis courts). Bring water, walking shoes, sun hat. Rain cancels. Ldrs: Jackie Childers, Lois Vile, Jerry Trager.



Palos Verdes Hike & Brunch – O. Moderate 4-5 mi, 1000' gain, 2 hr hike on some streets, trails overlooking ocean, canyons: always hills, some steep. Optional brunch after at Marmalade Cafe. Meet 9:00 AM every third Sun at dead-end of Crenshaw Blvd, Rancho Palos Verdes (#2 Park Place.). Bring water, lug sole boots, sun hat. Rain cancels. Coordinator: Greg Hitchings. Ldrs: Dave Hixson, Mary Beth Oubre, Bill Lavoie, Jerry Trager, Lois Vile.

PV-SB GROUP ACTIVITIES

IMPORTANT NOTICES

In order to participate on one of the Sierra Club's outings, you will need to sign a liability waiver. If you would like to read a copy of the waiver prior to the outing, please see

<http://sierraclub.org/outings/chapter/forms> or call 415-977-5528.

In the interest of facilitating the logistics of some outings, it is customary that participants make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling ride sharing or anything similar is strictly a private arrangement among the participants. Participants assume the risks associated with this travel.

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Symbols used in this publication:  walk,  hiking,  backpack,  educational,  conservation,  canine,  slides,  moonlit hike,  bus trip,  flight,  flowers,  skiing,  bird watching,  lodge.

Bus/Air Trips -- see details in listings following

Jul 25 Sat (1 day): Palm Springs / San Jacinto Tram Outing

Sep 5-8 Sat-Tue: Mammoth Lakes / Tuolumne Meadows Bus Trip

Oct 10-13 Sat-Tue: Grand Canyon Day Hikes Bus Trip

Nov 7-9 Sat-Mon: Desert Trails Day Hikes Bus Trip

Jan 16-18 Sat-Mon: Death Valley Day Hikes Bus Trip

Mar 11-25 Thu-Thu: New Zealand Magic



Jul 2 Thu O: Manhattan Beach Conditioning Walk. Moderate walk covering approximately 5 miles on the green belt, sand dune, hilly streets, and strand in Manhattan Beach. Leave at 6:45pm. Meet us at the north end of Live Oak Park (1901 N Valley Dr), just south of 20th St. by the steps leading to the green belt. Leaders: Sanam Lamborn and Barb Phillips-Meltzer.



Jul 3 Fri O: Moonlit Hike in San Pedro. Hike to the bluffs overlooking the Pacific. On a clear night we can see the lights of Avalon! Go for pizza afterwards. Meet 7:30 pm at Friendship Park/Bogdanovich Recreation Center, (1920 Cumbre at Anchovy) San Pedro. Ldr: Joyce White, Asst: Steve Bradford.



Jul 4 Sat O: Portuguese Canyon Hike. Moderate 6 mi, 1400' gain. Take Palos Verdes Drive South to Forrestal Drive, north to gate. Meet at gate at 8:00 AM. Forestall Quarry, Klondike Cyn, and trails across Portuguese Cyn, Kelvin Cyn, Tori's, Jack's Hat, Cinnamon, Narcissa, Peppertree trails. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnicksen & Jacques Monier.



Jul 5 - Sun O: Manhattan Beach Hike/Brunch.
See Monthly Activities



Jul 10 - 11 Fri-Sat O: Palm Springs Tram (8450'), Mt San Jacinto (10804') Moonlight Hike. (Sponsor: Hundred Peaks Section). Strenuous hike, 10 mi, 8300' gain to tram with additional 10 mi rt, 2400' gain to the peak. We'll start hiking before midnight Friday. With the advent of the moonlight aspect of the hike, we've been getting many more successful peak baggers, so we'll attempt to have two groups, hopefully both SJ bound, one faster, the other naturalizing along the way. Of course, any who wish can head back down at the tram after a mere 8300' gain. Bring money for tram ride and taxi back to cars. Send email (preferable - bholchin@cox.net) or sase with carpool info, cond/exp to Ldr: Barry Holchin, 3949 Via Valmonte, Palos Verdes Estates, 90274-1153. Co-Ldrs: Wayne Vollaire, Kent Schwitkis.



Jul 11 Sat O: Ocean Trails Hike. Slow Moderate 4 mi, 1000' gain. Take Palos Verdes Drive South to La Rotonda Drive, then south to the trail parking lot (inside the gate). Meet at 8:00 AM. Take four trails that lead down to the ocean and a loop around Shoreline Park. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnicksen & Jacques Monier.



Jul 18 Sat O: Central Peninsula Hike. Moderate 7 mi, 900' gain, 2.5 hr. Meet at Rolling Hills Estates City Hall, NW corner of Crenshaw & Palos Verdes Drive North, at 8:00 AM. Trails: Palomino, Pinto, Middle Ridge, Bent Springs, Water Tank, Blackwater Cyn., Evan Shaw, Upper Si's, Hix, John's Cyn, & Hammerschma trails. Wear lug sole boots, bring snack & water. Rain cancels. Leaders: Barry Bonnicksen & Judy Shane

Next Schedule Deadlines

Foggy View Sep-Oct - July 15th

Angeles Chapter Schedule 312 -- July 10th

Please submit all outings to Outings Chair Keith Martin before these dates.



Jul 18-19 Sat-Sun with WTC and Long Beach Group I: Muriel Peak (12,937'). Enjoy southern Humphries Basin and a climb of Muriel Peak via Alpine Col. Geared toward WTC students for experience trips. Total distance for the weekend about 18 mi, elevation gain/loss about 3,800'. Permit limits group size, WTC students given priority. Send name, contact & conditioning information, \$5 check made out to "WTC" to leader Sherry Ross, 3640 Radnor Ave, Long Beach 90808. Leaders: Sherry Ross, Kent Schwitkis.



Jul 19 Sun O: Palos Verdes Hike/Brunch. See Monthly Activities



Jul 22 Wed with Angeles Chapter: PVSB Group, Angeles Chapter New Comer/Member Information Night. Come and meet Sierra Club leaders of Palos Verdes South Bay Group and many other Sierra Club Representatives. Learn all about the Sierra Club and the many activities and adventure outings offered in your neighborhood by the largest chapter in the Nation. Table displays, exhibits, demonstrations, refreshments. Free drawing. See article on page 1 for details. Contact Membership Chair: Bill Lavoie



Jul 25 Sat O: Palm Springs/San Jacinto Tram Outing. One day of hiking in San Jacinto State Park and the San Bernardino National Forest. Leave Sat. morning, return same day at 9:00 PM. Four levels of hikes. Price includes bus transportation, driver gratuity, and refreshments at conclusion of hikes. (Tram cost not included, est. \$25; \$20 if purchased on-line www.palmspringstours.net). \$10 cancellation penalty, balance refundable until Jun 25, then only if trip full. Fast food dinner stop on return trip. Send \$45 (Sierra Club, PV-SB), 2 big SASE, H & W phone #'s to reservationist/leader: Dave Hixson, 15120 Polly Ave., Lawndale, 90260.



Jul 25 Sat O: Miraleste Trails Hike. Moderate 6 mi, 1000' gain. Meet 8:00 AM. Meet at 8:00 AM in the parking lot of Peck Park in San Pedro. The entrance to the park is at the South East corner of Western Avenue and West Crestwood Street. We will meet about 100 yards into the first parking lot. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnickson & Stephen Bradford.



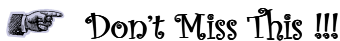
Jul 31 Fri O: Moonlit Hike in Rolling Hills Estates. Hike bridle trails and tunnels. Go for pizza afterwards. Meet 7:30 pm at parking lot of Rolling Hills Estates City Hall, NW corner of Crenshaw Blvd and Palos Verdes Dr. N, Wear sturdy shoes for dirt trails. Ldr: Bill Lavoie, Asst: Terry Bass.



Aug 1 Sat O: Portuguese Canyon Hike. Moderate 6 mi, 1200' gain. Take Palos Verdes Drive South to Forrestal Drive, north to gate. Meet at gate at 8:00 AM. Forestall Quarry, Klondike Cyn, and trails around Portuguese Cyn, Paintbrush and Pillow Lava trails and back. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnickson & Jacques Monier.



Aug 2 Sun O: Manhattan Beach Hike/Brunch. See Monthly Activities



Don't Miss This !!!

Aug 2 Sun: Potluck Pool Party. Join us 2-6 pm. Bring your favorite appetizer, entrée, salad or dessert. Call and let Ursula Levinson (310) 378-8155 or Joyce White (310) 383-5247 if you plan to attend. We will give you the exact address. We will also be passing out this information at the Thursday night hikes in Palos Verdes and the Tuesday night hikes in San Pedro.



Aug 6 Thu O: Manhattan Beach Conditioning Walk. Moderate walk covering approximately 5 miles on the green belt, sand dune, hilly streets, and strand in Manhattan Beach. Leave at 6:45pm. Meet us at the north end of Live Oak Park (1901 N Valley Dr), just south of 20th St. by the steps leading to the green belt. Leaders: Sanam Lamborn and Barb Phillips-Meltzer.



Aug 8 Sat O: George F. Canyon Hike. Moderate 6 mi, 1200' gain. Meet 8:00 AM. Palos Verdes Drive East 1/8 mile south of Palos Verdes Drive North at trailhead. Georgette, Roadrunner, Cork Tree, Parnelli's, Bent Spr., Water Tank, Black Water, Jean Mann, Georgeff, Lower Willow Spring., Martingale Trails. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnickson & Stephen Bradford.



Aug 15 Sat O: Portuguese Point Hike. Moderate 6 mi, 1000' gain, 3 hours. Take Palos Verdes Drive South to Forrestal Drive, north to gate. Meet at gate at 8:00 AM. Klondike Cyn, across Portuguese Cyn, Portuguese Pt., Sea Cave, Inspiration Pt. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnicksen & Linda Werk.



Aug 16 Sun O: Palos Verdes Hike/Brunch.
See Monthly Activities



Aug 21-23 Fri-Sun w/ Wilderness Adventures and SPS I: Mt. Goode (13,085) & Mt. Agassiz (13,893). Climb two peaks near Bishop Pass. Friday, moderate 4 mile, 1,400 ft gain trail backpack to camp near Saddlerock Lake. After set up camp, steep xc 2.8 mi, 2,000 ft climb of Mt. Goode. Saturday, strenuous 5 mi, 2,800 ft climb to Bishop Pass and then xc up Mt. Agassiz. Sunday, return to cars. Must be comfortable with steep, off-trail hiking. Send \$10 permit fee, 2 SASE, H&W phones, email, recent conditioning, experience, rideshare to Leader: Mark Mitchell, 913 N. Ford St., Burbank 91505. Co-Ldr: Keith Martin.



Aug 22 Sat O: Central Peninsula Hike. Moderate 7 mi, 900' gain, 2.5 hr. Meet at Rolling Hills Estates City Hall, NW corner of Crenshaw & Palos Verdes Drive North, at 8:00 AM.. Potpourri of trails: Palomino, Pinto, Morgan, Thoroughbred, Quarter Horse, Johns Cyn., Hix, Si's. Wear lug sole boots, bring snack & water. Rain cancels. Leaders: Barry Bonnicksen & Stephen Bradford.



Aug 29 Sat O: George F. Canyon Hike. Moderate 5 mi, 1400' gain. Meet 8:00 AM. Palos Verdes Drive East 1/8 mile south of Palos Verdes Drive North, at trailhead. Dapplegray, Chandler, Saddlehorn Loop, Empty Saddle, Phillip's Cyn, Heavenly, Strawberry, Circle, & Old Witch Trails. Wear lug sole boots, bring a snack & water. Rain cancels. Leaders: Barry Bonnicksen & Judy Shane.



Sep 5-8 - Sat-Tue O: Mammoth Lakes – Tuolumne Meadows Bus Trip. Join us for an Eastern Sierra sampling of the most wild and spectacularly scenic hikes in the Sierra Nevada range. Four days to hike with easier/harder options each day – conditions permitting. En route, we will enjoy spectacular mountain scenery, hiking up to Long Lake west of Bishop. Day 2, we will explore the exquisite Tuolumne Meadows on the best of Yosemite trails winding through Soda Springs and Lembert Dome with a longer option to Glen Aulin. Day 3 will find us in Mammoth Lakes' dramatic surroundings hiking to Shadow Lake and/or Ediza Lake. En route home, the grand finale will be a hike from Whitney Portal to Lone Pine Lake on well-graded switchbacks. We stay all three nights in Mammoth Lakes' Sierra Nevada Inn. Price includes bus, shared motel room, happy hour, bus refreshments, all admissions, and driver gratuity. Depart early Sat. from Redondo Beach with San Fernando Valley pickup, and return Tues. night. Cancellation penalty is \$40, with balance refundable until July 4, and then only if trip is full. Send 2 business-size SASE, H & W phones, email, \$325 w/SC# or \$365 non-members (Sierra Club – PV-SB) to Reserv. Linda Werk, 15218 Cranbrook Ave., El Camino Village 90260. Ldrs: Linda Werk and Judy Shane. Asst Ldrs: Dave Hixson and Mary Beth Oubre.



Oct 10 – 13 Sat – Tue O: Grand Canyon Day Hikes Bus Trip. Enjoy this (lucky)13th PV-SB trip to the South rim of the Grand Canyon. Hike along the rim and down into the Canyon. Two hikes each day moderate to strenuous into America's most popular canyon. Leave Sat morning (Orange County pickup also), return Tue. evening. Stay three nights at the Yavapai Lodge close to the General Store and Park Headquarters. Cost includes bus, driver gratuity, lodge, social hours, bus refreshments and park admission. \$40 cancellation fee, balance refundable until Aug 25 then only if trip is full. Send 2 business-size SASE, H & W phones, \$399 w/SC # or \$439 for non-member (Sierra Club PV-SB) to Reserv. Leader, Richard Pardi, 23326 Mariano Street, Woodland Hills 91367. Co-Leaders: Donna Lauck and David Hixson.



Oct 24, Sat O: Monrovia Canyon Park Hike.

Join us on a moderate 8 mile, 1500 ft. gain hike up Sawpit Canyon to Deer Park on the Ben Overturff Trail. Meet at Monrovia Canyon Park entrance at 8 am (\$5.00 parking fee). Bring snacks and water. Lunch in Monrovia after the hike for those interested. Directions: Leave Foothill Freeway (Interstate 210) at Myrtle Avenue in Monrovia. Drive North on Myrtle 1.8 miles to Scenic Drive. Turn right and follow Scenic Drive, with short jogs right, then left, curving north as Scenic Drive becomes Canyon Blvd., to Monrovia Canyon Park entrance station. Pay fee and park in the parking area after the pay station. If you park in the parking lot before the pay station, walk up the road past the pay station and we will meet there. Rain cancels. Ldr. Linda Werk Asst: Judy Shane.



Nov 7-9 Sat-Mon O/I: Desert Trails Day Hikes Bus Trip. O/I: Desert Trails Day Hikes Bus Trip:

Hike desert trails and routes less traveled as we explore Mohave National Preserve, Red Rock Canyon National Conservation Area and Valley of Fire State Park. We lead multiple hikes, (more and less strenuous) each day in all three venues and stay in centrally located Las Vegas (2 people/2 beds per room). Leave Sat morning from South Bay, return Mon evening. Orange County pickup. Cost includes bus, driver gratuity, hotel, social hour daily, park admissions, bus refreshments. \$40 cancellation penalty, balance refundable until Oct 7, then only if trip is full. Send 2 sase, H&W phones, email, \$184 w/SC# or \$219 non-member (payable to Sierra Club) to Ldr: Bob Beach, 5624 Calle de Ricardo, Torrance 90505. Co-Leader: Richard Pardi. Asst Ldrs: Donna Lauck, Cindy Pardi.



Nov 14 Sat I: Slide (7841'), Keller (7882'), possibly Mill (6670') and Deep Creek Hot Springs (5' deep).

19th semi-annual Deep Creek HS hike/soak/swim with some more peaks. Moderately paced 9 mi, 2000' gain (maybe more depending on road conditions) w some dirt road driving - Adventure Pass reqd. Bring lunch, water, rain gear, lugs (swim suit optional). No beginners. Plan on spending full day - it's near Hesperia. Rain cancels. Send email (preferable - bholchin@cox.net) or sase, along with carpool info, cond/exper to Ldr: Barry Holchin, 3949 Via Valmonte, Palos Verdes Estates, 90274-1153. Co-Ldr: Wayne Vollaire.



Jan 16-18 Sat-Mon O: Death Valley Day Hikes

Bus Trip. ORANGE COUNTY PICKUP. Visit Death Valley National Park at the best time of the year for hiking. Our 17th annual trip will offer a choice of hikes all three days into canyons, up buttes, and across sand dunes. Or bring a book and read next to the large warm spring fed swimming pool and look over the majestic Panamint Mountains or visit Scotty's Castle, or take a horseback ride or play golf. You saw the Valley on Huell Howser's PBS program, now come and see it for yourself. We stay at Furnace Creek Ranch in the heart of the valley, 2 people/2 beds per room. Leave Sat AM from Redondo Beach than from Orange County, return Mon eve. Cost includes bus, driver gratuity, lodging, social hours daily, bus drinks/snacks. \$40 cancellation penalty, balance refundable until Dec 12th, than only if trip is full. Send 2 larges SASE, H&W phones. \$250 w/SC#, \$290 non member (payable to Sierra Club) to the reservation leader, Richard Pardi, 23326 Mariano Street, Woodland Hills, Ca. 91367. Co-Leaders Donna Lauck, Dave Hixson and Cindy Pardi.



Mar 11-25 Thu-Thu O: New Zealand Magic.

Join us on an unforgettable journey to premier hiking destinations in New Zealand's North and South Islands. You'll experience stunning, varied landscapes - lush rain forests, gushing geysers, limestone cliffs, and icy glaciers on the snow-capped Southern Alps. The leader, who lived in New Zealand for 9 years, selected her favorite day hikes for this unique adventure. You will have an opportunity to participate in short hikes (2-4 miles) and longer hikes (6-10 miles) during the course of the trip. In addition to hiking, you may arrange activities on your own, visiting museums, swimming with the dolphins, kayaking, trout fishing, and jet boating. Trip price is \$3,236 based on 25 participants (non-members add \$40). Price may vary depending on exchange rates. Price includes: round-trip airfare from LAX-Auckland; shared motel room w/bath; some meals; all transport within NZ; and group hikes. Price does not include recommended Trip Insurance. Refunds require a suitable replacement and a \$50 cancellation fee. Book early because this trip fills up quickly. Reserve by sending 2 SASEs and a \$500 check payable to PVSB Sierra Club to Co-Leader: Linda Werk, 15218 Cranbrook Ave., El Camino Village, CA 90260. 310-676-6171. lwerk@berliner-ip.com. Ldr: Judy Shane. judyshane@aol.com 310-379-1111.

TIP—Save energy when you save water

You probably know that installing faucet aerators and low-flow shower heads will cut water use. Did you know that it also saves energy? In your own home it saves energy because you're heating less water. In addition, as much as 19% of California electricity is used to pump, transport, and treat water according to Flex Your Power (fypower.org). Thus, any reduction in water use leads to a reduction in energy use as well.

COMMUNITY CALENDAR

Palos Verdes Peninsula Land Conservancy

Outdoor Volunteer Days Saturdays 9 a.m.-12 p.m.

White Point Nature Preserve planting July 11, 2009

Native Plants Nursery July 25, 2009

For more info contact www.pvplc.org or 310-541-7613

Madrona Marsh Habitat Restoration

Saturdays 8:45 a.m. - 12 p.m.

Tuesdays and Wednesdays 10 am – 12 p.m.

For more info contact www.friendsofmadronamarsh.com

Ken Malloy Harbor Regional Park Habitat

Restoration

Second Saturday of each month 9 a.m.-11 a.m.

For more info contact www.laparks.org or 310-548-7728

Other Charitable Organizations for environmental service

Catalina Island Conservancy at catalinaconservancy.org

South Coast Botanic Garden at southcoastbotanicgarden.org

South Coast California Native Plant Society at www.sccnps.org

Tree People at treepeople.org

Tree Musketeers at treemusketeers.org

Aquarium of the Pacific at aquarimofpacific.org

Cabrillo Marine Aquarium at cabrilloaq.org

International Bird Rescue Research Center at ibrrc.org

Marine Mammal Care Center at mar3ine.org

Roundhouse Marine Studies Lab and Aquarium at roundhouseaquarium.org

South Bay Wildlife Rehab at sbwr.org

See the PV-SB Website for All Activities

The PV-SB website (<http://angeles.sierraclub.org/pvsb>) is updated with all activities far in advance of the distribution and delivery of the *Foggy View*, so we recommend members utilize this resource for the most up-to-date information on all activities.



This publication is printed by Dunn Bros. on recycled paper using soy ink.

GROUP LEADERS

Current leaders active in the PV-SB Group

<u>Name</u>	<u>Phone</u>	<u>Rating</u>
Lise Allard	310-377-1892	O
Frank Atkin	310-378-5008	I
Terry Bass	310-539-8227	O
Bob Beach	310-375-0898	M
Alix Benson	310-379-8066	O
Richard Boardman	310-374-4371	M
Barry Bonnicksen	310-519-0778	O
Dennis Bosch	310-328-3874	O
Stephen Bradford	310-993-5501	O
Sharon Brossier	310-376-1416	O
Jack Carmody	310-539-2259	O
Ursula Carmody	310-539-2259	O
Karen Cassimatis	562-492-6344	I
Brooks Chadwick	310-544-0600	O
Dorothy Boynton Chadwick	310-544-0600	O
Arlene Chao	310-541-3902	O
Jackie Childers	310-518-4086	O
Maggie Coble	310-378-9743	O
Michael Coble	310-378-9743	O
Mike Dillenback	310-378-7495	I
Debra DuVall	310-214-1873	O
Sandy Graham	714-282-5661	O
Lyn Greenham	310-540-4662	O
Roger Greenham	310-540-4662	O
Greg Hitchings	310-373-0447	O
Dave Hixson	310-676-8848	O
Barry Holchin	310-378-3780	M
Susan Johnson	310-545-4235	O
Liz Kennedy	310-547-1320	O
Jonathan Lamborn		O
Sanam Lamborn		O
Donna Lauck	310-541-4416	O
Bill Lavoie	310-378-8723	O
Marilou Lieman	310-378-5086	O
Keith Martin	310-530-1268	M
Carol Anne Mills-Schmidt	310-519-0464	O
Jacques Monier	310-320-1249	O
Jeff Naumann	310-540-0045	O
Mary Beth Oubre	310-640-8386	O
Cindy Pardi	818-346-6257	O
Richard Pardi	818-346-6257	O
Hugh Pendleton	310-373-1603	O
Jerry Pupa	310-318-7101	O
Kent Schwitkis	310-540-5558	I
Judy Shane	310-379-1111	O
Sherry Silver	310-325-2988	O
John Taber	310-831-4768	O
Jerry Trager	310-316-7843	O
Tony Trull	310-326-8874	O
John Vehrencamp	310-542-8460	O
Lois Vile	310-316-7843	O
Linda Werk	310-676-6171	O
Phil Wheeler	310-214-1873	I
Joyce White	310-982-6773	O
Catherine Whittington	310-532-2380	O
Diane Wood	310-245-8965	O
Linda Wooldridge	310-376-2542	O